## **Young Carer Checklist**



Many young carers remain unidentified and schools can play a pivotal role helping to identify them and then referring them on for support. There are a wide range of indicators that might point towards a child being a young carer. The signs that a child or young person may be a young carer may of course also be indicators of many other issues.

If you think that you may have a young carer in your class you can refer them to the Barnet Young Carers Team using the following online form:

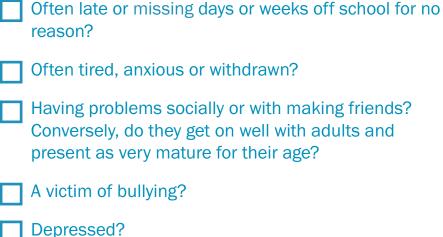


barnetyoungcarers.org.uk/ professional-referral/

If you have any concerns about the safety of the young person then you should make a referral to the MASH:



barnet.gov.uk/children-and-families/keeping-children-safe/worriedabout-safety-child



Finding it difficult to concentrate on their work?

Having difficulty in joining in extracurricular activities or unable to attend school trips?

Isolated?

Not handing in their homework/coursework on time, or completing it late and to a low standard?

Anxious or concerned about an ill or disabled relative?

Displaying behavioural problems?

Having physical problems such as back pain (perhaps from heavy lifting)?

Secretive about home life?

Showing signs of physical neglect or poor diet, for example hungry, thin or lacking clean uniform?

More information at: barnetyoungcarers/think







