

There are young carers in every school and every classroom in Barnet. Could you spot one? Barnet Young Carers work with schools to support young carers, but we can only do that once we have identified them.

Look at some of the key indicators that may help you identify a young carer and contact us so we can help support them.

Is the student:

Often late or missing days or weeks off school for	no reason?
Often tired, anxious or withdrawn?	
Having problems socially or with making friends? do they get on well with adults and present as very their age?	• • • • • • • • • • • • • • • • • • • •
A victim of bullying?	
Depressed?	
Finding it difficult to concentrate on their work?	
Having difficulty in joining in extracurricular activi unable to attend school trips?	ties or
■ Isolated?	
Not handing in their homework/coursework on tin completing it late and to a low standard?	ne, or
Anxious or concerned about an ill or disabled relati	tive?
Displaying behavioural problems?	
Having physical problems such as back pain (perh heavy lifting)?	aps from
Secretive about home life?	
Showing signs of physical neglect or poor diet, for hungry, thin or lacking clean uniform?	example
Listed as a Child in Need, subject to a Child Protect Looked-after Child Plan where parental ill health cissues are involved?	
A sibling of a pupil at your school who is registered disabilities or ongoing health problems, including health?	
If you think you have a young carer in your o	classroom

contact us on youngcarers@barnetcarers.org